





# Aberdeen City Vaccination Centre & Priority Intervention Hub

# Short Term Impact Report July - Oct 2023

(Planned Full Report July 2024)



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#### **Our Mission**

Create a Priority Intervention
Hub which delivers an easily
accessible location where a range
of health, social care and third
sector voluntary organisations
work together all responding to
local need.

Ref: Strategic Delivery Plan - Communities CT07



#### **Our Goals**

The Hub supports the delivery of the Aberdeen City Health & Social Care Partnership Strategic Plan, NHS Grampian "Plan for the Future – Healthier Together" & the Community Planning Aberdeen Local Outcome Improvement Plan focussing on:







Preventing III Health



Digital Inclusion



Reducing Stigma – Drugs and Alcohol



Stay Well, Stay Connected



Tackling Poverty & inequalities



Community
Area
Coffee &
Conversation

{
}

}



Community Empowerment



Make Every Opportunity Count

**MEOC** 

Mental Health & Wellbeing Support









#### **Our Numbers**

Between 19th June – 31st October 2023

27,279 **Vaccinations Delivered** 

Working with 33 **Partner Organisations** 

505 **Feedback Forms** 



146 Volunteer Hours



Open 6 days per Week



**62** Service/ Health **Promotion Sessions** Held

12 Community **Engagement** sessions















#### **Our Partners**

To ensure we are "Caring Together" and providing a wide range of support to the people of Aberdeen, the Hub allows the space for true Partnership working with third sector voluntary organisations and other partners in health, social care, community planning and education to promote their services or undertake public engagement to involve people in what is going on in their local community.









**ABERDEEN CARERS** 













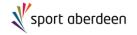






UNIVERSITY OF

**ABERDEEN** 







































Stay Well Stay Connected



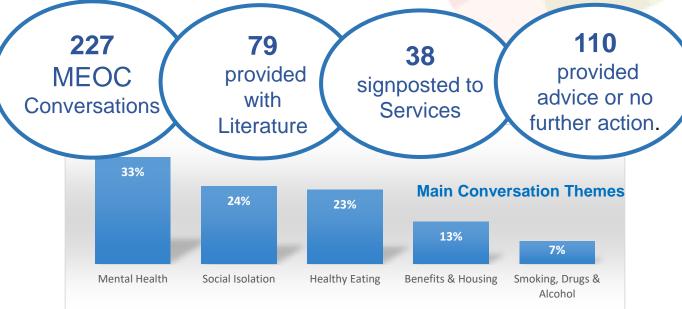




# Making Every Opportunity Count (MEOC)

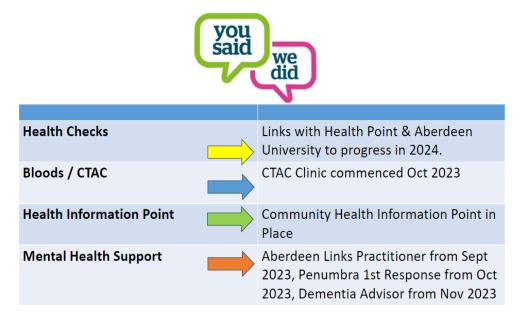
MEOC encourages staff to engage in conversations on lifestyle and life circumstances. This could include, for example, smoking, healthy eating, healthy weight, being physically active, alcohol intake, money and housing issues. Taking 30 seconds to 3 minutes, the brief conversation makes maximum use of our resources and our positive influence for health, providing information and being able to signpost people to relevant services for further advice or support where appropriate.

During a 3 week period the following MEOC conversations were recorded at the Vaccination Centre:



During the same timeframe **180 public engagement** forms were completed by people attending for their vaccination appointment, highlighting what they would like to see at the Hub. The 4 top areas requested were:

Health Checks, Bloods, Mental Health Support & a Health Information Point



#### **Keeping People Safe at Home**



The CAARS service in conjunction with sport Aberdeen and our falls prevention ambassador attended the hub for safer mobility week (previously known as Falls Prevention week) from the 18<sup>th</sup> to 22<sup>nd</sup> September to raise awareness regarding safer mobility, engagement in occupation and general health wellbeing.

These information and education sessions continued in October, November and dates planned in December.

285 pieces of literature

83 People experienced falls

people had a falls plan in 20 place. Walking aids

handed out and 26 handed out replacement & **ferrules 70** 

236

meaningfu conversations



Reported that they exercise

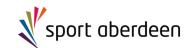
It was really helpful to be able to engage in conversation with members of the public regarding safer mobility, community services and engagement in meaningful activity. We were able to share information with people who may not otherwise access our services. The relaxed atmosphere over a cup of tea allowed everyone to relax and engage better.

**Staff Member** 

One visitor expressed their thanks for information to help support their family member who was starting to struggle at home. They now had a greater understanding of how to help prevent falls and encourage safer mobility.











#### Keeping People Safe at Home





This has been very worthwhile attending the centre and we would definitely want to come back next year.

We find the hardest group of people to get our message to are older adults, so to have an opportunity to be in a place where a large proportion of older adults are attending for their vaccination is an excellent opportunity for us – many thanks for having us at your centre.

Station Commander

The Scottish Fire and Rescue Service work tighter for a safer Scotland and are committed to ensure the safety and wellbeing of the people of Scotland. The Service offer free home fire safety visits where they will take you through a questionnaire to help people sort out a fire escape plan and provide information about smoke, heat and carbon monoxide alarms. The Team have attended 7 Sessions during September and October to promote services to keep people safe at home.

Sessions

350

Meaningful Conversations

**500** 

Leaflets handed out

I had heard about the new Detector Legislation, but I didn't know how to go about getting the detectors in my house. The Fire Service people gave me advice on what I needed and how to go about getting them fitted.

Service User

The Fire Service staff took
the time to go through
booking a Home Fire Safety
Visit for me at the
vaccination centre. When
they were at my house, they
gave me some good
advice on electrical safety.
Service User



We were able to speak with a gentlemen who does not attend his GP Practice and was extremely upset about his condition getting out of control. Simple signposting and talking through his concerns, having time to chat to him reassured him that there are services to

be signposted to.

**Links Practitioner** 

Being part of the Centre has allowed us to provide information to the Vaccination Service staff about Aberdeen Links Practitioners to allow them to signpost people to their GP for referral. Link Practitioner

8
Service
Promotion
Sessions

300 Aberdeen Links leaflets handed out 40
Sessions
ALS staff
had face to
face
contacts in
Centre

34

Engagements where people felt the Aberdeen Links Service would be of benefit to them and were asked to go to GP to be referred.

The Aberdeen Links Service were the first Voluntary Organisation to join the team at the Hub in July 2023. The team undertook a staff awareness session of the Service and used the Centre as a community hub for seeing GP Referrals and Service Promotion during the Winter Vaccination Programme. Aberdeen Links aims to support people to live well by strengthening connections between community resources, third sector organisations and primary care to enhance social prescribing in Aberdeen. Link working aims to reduce negative impact social of and economic circumstances on someone's health & wellbeing.

The Centre is a great resource for seeing people when we are unable to meet them at their GP Practice or when they would prefer to meet up in a local community setting. It has provided us with opportunities to speak to people whilst promoting our Service that we may not have otherwise had contact with.

**Links Practitioner** 



#### Mental Health & Wellbeing

#### Penumbra

Penumbra Aberdeen 1st Response Service commenced sessions at the Hub on the 2<sup>nd</sup> of October. This service provides compassionate support for those facing emotional distress or living with thoughts of suicide. Anyone aged 16 or older and in Aberdeen City, can connect the service using any of these options:

- · call on our Freephone number at 08002343695
- Email at aberdeen1stresponse@penumb ra.org.uk
- · Visit in person for a walk-in to speak with our friendly team.

The service can help people plan their next steps safely. The Aberdeen Nova and Self Harm will also host team group workshops on wellbeing and self harm awareness sessions for both staff and the public in early 2024.



The centre has provided us with a valuable opportunity to engage with individuals who may not have been previously aware of our services. We also marked world mental health day on the 10th of October where we engaged with the general public and staff at the centre to raise awareness of mental health and the support we offer. We were able to reach and connect with a broader audience, expanding awareness about the support and assistance we offer. Feedback from the people that we engaged with has been positive, highlighting the service's central location and accessibility. Some individuals took details of the service, recognising its potential benefits for themselves, friends, and family.

Service Manager – Aberdeen Nova 1st Response



#### Reducing Stigma Drugs &

**Alcohol Services** 



A chap who attends the AFCCT Community Hub on Thursday afternoons told me a story of how amazing the vaccination centre and all the workers are. He had approached one of the Vaccination team during a session at Pittodrie about some questions and worries he had and was signposted to the Vaccination Centre. He said it was really easy for him to get there as it was nice and central. When there he got to speak to someone at CTAC who could answer all the questions he had and address all his concerns and he left feeling relieved. In his words - "the place is brilliant, and all the people are brilliant, just brilliant"!



6 Peer **Naloxone** 2 Hour **Naloxone** Kits Supplied Sessions Training Sessions Awareness Training 23 Session for **MEOC** 63 Conversations staff

Aberdeen in Recovery (AiR) is a Lived Experience Recovery Organisation and a Recovery Community in Aberdeen City Centre. We offer peer support to those in recovery from addiction and their families through a variety of groups and meetings as well as social events. One of our aims is to make recovery visible to show others that recovery really is possible. We offer peer Naloxone training to "Help Save a Live" and "End Overdose"

A separate session was held during a staff training event where three AiR members had the opportunity to speak to 63 members of the Vaccination Team. During the sessions we introduced them to Naloxone as well as highlighting the importance of trauma and the effects stigma have. Changing the way people are approached can have a huge effect on individuals who are sadly caught in the chaos of addiction. Letting key workers know that, often times someone simply being asked 'how are you', with the emphasis being on the 'you', and actively listening to the reply can let that person know they are really being seen being beyond and heard as human addiction. There is true power in this which can make a lifeand potentially life-saving difference changing. someone! "We would like to thank you for this opportunity, and we look forward to being able to contribute again to more sessions in the future!"

Having access to the vaccination centre every
Wednesday morning has given AiR a great opportunity –
not only to offer Naloxone, but to make recovery visible.
Making recovery visible is a key driver for tackling stigma
as we know this is one of the biggest barriers for people
seeing help. By using ourselves as an example that
recovery really is possible, it makes it tangible and helps
breaks down those barriers.

**Staff Member** 

#### **Tackling Poverty & Inequalities**



Clients have reported that they find the Centre a great venue to meet, as it is easy to find and also the anonymity of going into the Centre provides them as they could be attending for a number of reasons.

Pathways

Manager

8 Sessions 35
Face to Face
Appointments



**Pathways** recently started to meet clients in the Aberdeen City Vaccination Centre. Clients are supported one-to-one to help them return to work.

The Pathways Employment keyworker has also been working with our vaccination team to raise awareness of Pathways' support, so that anyone who discloses during their appointment that they are looking for work can be referred immediately to the keyworker. Leaflets are also available in the Health Information Point.

The location is ideally suited for Pathways to meet with city centre clients and also benefits from being easy to find for first time users.





The sessions have resulted in requests from people about volunteering to reduce social isolation, and a request to attend a Parkinson's support group and offer the families financial information.

Senior SAFE Team
Advisor

CFINE SAFE Team have attended for 2 Sessions to date and will continue through November and December. The SAFE Team help people navigate the welfare systems and ensure they are claiming the benefits they are entitled to, aiming to improve people's household income. They provide benefits and budgeting advice, support with applying for crisis loans and community care grants, promote volunteering opportunities, support to ensure people have access to technology to manage budgets and guidance and support filling out forms.

Benefits checks conducted on site

20+
People directed to
Cfine Website for
additional support

Sessions

Meaningful Conversations

50+

Pieces of literature Handed out 7 Food Parcels handed Out



# Stay Well / Stay Connected



Stay Well
Stay Connected

Co-ordinators Wellbeing attended the Hub to help people to stay connected in their communities. Promoting local free or low cost social activities & groups, Conversation café's. health walks, Boogie in the bar and many more to support better health and wellbeing and reducing social isolation and loneliness.

This is such an amazing asset for the wellbeing coordinators. Even through we try to make sure that we target as many citizens in Aberdeen to let them know what activities, events, socials etc are going on, we cant reach everyone. The Aberdeen Vaccination Centre is a way for us to close the gap and reach people we may never have met.

Wellbeing Co-ordinator

95
Meaningful
Conversation

120

Pieces of literature handed out

A lady at today's session spoke about her husband that had not long been diagnosed with Parkinson's. He has been going to a few things and getting some professional help. She was looking for things they could do together that didn't just focus on Parkinson's. When I showed her the Wellbeing table and all the flyers of things going on in Aberdeen, she was amazed. She said "I had no idea there were so many things going on in the city. I am so glad I met you today" She took details of everything and also said she hoped to see me at one of the Boogies so she could introduce her husband.

**Wellbeing Co-ordinator** 

A gentleman who had recently lost his wife had been feeling cut off from life and social activities, he didn't really know where to start. I told him about things in his area and asked what he was interested in. Music and dancing had been their passions, so he was keen on the Boogies but a bit worried about being on his own and maybe didn't want to dance. I explained that not everyone who comes dances, that for some it is a chance to just meet up, tap your feet, eat lunch together and have a good blether. I am so happy to say he came along to The Abbot boogie and met a friend he used to work with. Wellbeing Co-ordinator

#### Stay Well, Stay Connected







#### A "A Wee Blether" - Conversation Café for

Carers and people aged 55 and over was set up at the Hub from mid July to end of August in conjunction with Quarriers. Catering was sourced via Charity Charlie House Recharge Café. The hub has provided a great city centre venue to meet, support and signpost.

Carers have found the drop in format in the city centre venue beneficial, in that they can pick up a prescription, shop then drop in for advice and support. The venue has enabled a wider exposure to a range of health and social care supports that could enhance a carers wellbeing.

Service Manager



"Wee Blether" Conversation Cafes



#### **Community Area**



The **Community Area** was opened on the 6<sup>th</sup> November to provide a warm space for people to wait before or after their appointment. It is also open to any member of the public to come in and have a cuppa and conversation to support people to stay well and connected within their community. This area has a "Wellbeing Wall" of information about health & wellbeing activities in the community.

friendly and informative staff.
The city needs a wee hub like this for people to pop into for advice etc.

Service User

The

The new community area is excellent – very friendly staff and no waiting times. Lot of information about other agencies where people can access the help they may need. Also leaflets about community activities on tables was good. Thank you Service user.

community area with café is a great idea!
Somewhere less clinical to wait after our girls injections.
Also appreciated toys/colouring in resources for children and they enjoyed seeing the Therapet today.

**Parent** 

Arrived a little early and the hub was a lovely surprise. Staff are warm and friendly and were able to ease my anxiety with a cuppa and chat before I went through for my vaccine. Thank you Service User

It was so nice
to get a hot cup
of tea. It was
raining when I
came and it
was so
welcoming.
Service User

# Digital Inclusion

The hub has provided a useful connection to the public by highlighting how TEC can support with maintaining independence. Sessions have allowed attendee's to play, explore and try out TEC and consider how it may benefit

them or their loved ones.

**Service Provider** 

4 Sessions

12
Meaningful
Conversations

I just wanted to thank the chap from Technology Enabled Care. I am very nervous of needles and he completely put me ease before and after my appointment. It was lovely chatting with him.

Service User

Pieces of Literature handed out.

The Technology Enabled Care Team promote digital inclusion ensuring that everyone has the opportunity to develop their skills and confidence and can access an appropriate device and connectivity to do thing they want to do online. The Technology Enabled Care Library provides a resource for all people of Aberdeen City. The resource allows individuals to borrow devices to experience how they may support their health and wellbeing at home. The Team have attended 4 sessions during September & October to promote the Library and provide demonstrations.

I arrived to one session to find a lady writing down the telephone number from our Pull up banner and was able to chat with her at length. We discussed her son who may be interested in becoming a volunteer tutor and by the end of our conversation she was planning to attend a session and considering tutoring herself. Great News for Us.

Silver City Surfers

The Community Café area is such a welcoming space and is lovely to see people recognising each other and chatting away getting to know one another.

Your staff are clearly encouraging and enjoying this interaction, and helping in enabling conversation with the organisations in attendance. It is all feeling like such a positive place for people to be and particularly for older people.

Silver City Surfers

Silver city Surfers is a small local charity which aims to help older people with modern technology. They provide free tutoring and support on all forms of modern technology (e.g. laptops, ipads & other tablets, smartphones, digital cameras etc) through mentoring and one-to-one support sessions provided by experienced volunteers.



# Preventing III Health



Open
6
Days per
Week

27,279
Vaccinations
Delivered
In Hub
July - Oct

Vaccine Store with Capacity for

**13,000** Vaccines

32
Staff Trained

In MEOC

In 2017, the Scottish Government and the Scottish General Practitioners Committee (SGPC) agreed vaccinations would move away from a model based on GP delivery to one based on NHS Board/Health and Social Care Partnership (HSCP) delivery through dedicated teams. The Vaccine Transformation Programme (VTP) began on 1st April 2018 with an aim to be transitioned within a 4 year period by April 2022. The VTP was put on hold during the COVID Pandemic which saw a dedicated team recruited to deliver the COVID19 mass vaccination programme. The full VTP was successfully transferred with the full programme of vaccines being delivered from 3 City Vaccination Centres with Aberdeen City Vaccination Centre in Bon Accord delivering around 65% of the programme.

Following a relocation to the Bon Accord Centre, the team undertook MEOC Training to ensure they were making every opportunity count to speak to the public about their health & wellbeing and support them with advice, guidance and signposting.

Capacity for Vaccine &
Consumables
At Hub for the planning & delivery of Vaccine Transformation Programme to:

2,300 Housebound Patients
15,200 Primary School Pupils
14,400 Secondary School Pupils
2,700 Care Homes Residents
1,900 Sheltered Housing
Residents

I have enjoyed being able to speak to people about their general health and wellbeing and feel that I am making a big difference in peoples lives. recently had a gentleman that divulged he had not eaten for a couple of days and explained he was feeling very lonely. We were able to supply him with a food package, some wellbeing information of activities signposted him to his GP to be referred to the Links Practitioner who would support him around benefits, food and attending social activities. It has been great finding out about what the voluntary organisations offer to be able to better signpost people for support.

**Vaccinator** 

Being pregnant it was great to have someone come over who had been a midwife, to explain more in detail about Flu & COVID. Very helpful and reassured.

Service user

Thank you so much. I asked for extra info about anorexia for a relative and the staff were so kind and helpful. I really appreciate their help. Also delighted by the leaflets all the information available.

Service User

My appointment included incredibly valuable advice on the use of my asthma inhalers. Focussed, conscientious care from a lovely nurse.

Service User

#### **Caring Together**

#### Community, Treatment & Care (CTAC)



Community Treatment and Care (CTAC) is a nurseled service provides a specialist range of services, some of which you may have been more familiar with receiving from your GP. Patients will benefit from having access to expertly trained nursing staff at the CTAC Clinics for assessment and treatment, in addition to your GP Practice. This will offer you more options of locations to attend your healthcare needs, across the City.

Your GP Practice will be kept up to date on your management, and involved in your care, should it be necessary.

Its a new way of receiving care - one which helps us ensure people are able to see the right person at the right place at the right time, and one which we are sure the community will come to value.

6
Clinic Days
During
Sept/Oct

86
Appointments attended

Establishing CTAC within the vaccination centre in the heart of the city is an excellent opportunity for a central clinic. This arrangement allows residents to easily schedule appointments, potentially reducing the need for travel and time away from work for those in the city centre. Moreover, it provides a valuable avenue for staff to enhance their professional skills, fostering ongoing development and readiness to support additional services during periods of increased demand. Nurse Lead

It is great to hear that I can now book my bloods in the Centre when I am attending for other appointments. The centre is easy to get to by bus.

Service User

#### **Community Respiratory Team**

The Community Respiratory team commenced clinics in November from the Vaccination Centre. The team improve community care for people living with chest conditions in the Grampian areas and better integrate third-sector support with NHS services to help alleviate pressures.

The partnership between Chest Heart & Stroke Scotland and NHS Grampian/Aberdeen City Health & Social Care Partnership will provide people living with chronic chest conditions to better manage their conditions at home, improving their quality of life and preventing them from returning to hospital.



It was great to be able to arrange my vaccinations & CRT appointment on at the same place on the same day.

Service User

2 Clinics per Week

# Community Empowerment



**Sessions** 

643 Meaningful **Conversations** 

639 **Adults** Children

The sessions at the Vaccination Centre provided a great opportunity for Aberdeen City Libraries staff to engage with members of the public and to promote the future libraries consultation and promote library services generally **Early Years Librarian** 

I do want to thank you for allowing us the opportunity to promote services via the Vaccination Centre it was very useful and interesting to hear peoples views. One of my staff did raise the point that several people clearly wanted someone to talk to and wondered if it would be worth having a mental health practitioner/befriender type service for people who just need a 5 minute chat with another person.

**Early Years Librarian** 

In addition to highlighting the consultation on both the library closures and on the future of the library service in Aberdeen the we were able to answer questions on library opening hours, services provided and membership. We found that many people did not know that there are 11 libraries across the City so we were able to clarify this and to direct people to our website and social media.

We were also able to promote our 24/7 digital offer of e-books, e-audio books free via Borrow box and free access to newspapers and magazines via Press reader which, again, many people did not know about but responded positively to.

In addition we were able to direct a number of people to the Home Service which delivers books/talking books to those who are unable to visit a library. We also provided information to a couple of people in languages other than English.

# **Community Empowerment**

"Being present in the Centre was a great opportunity to engage with people and to explain how their voice helps shape our plans. It also enabled us to share the opportunities available for them to get involved in Community Planning, both within their own community and on a city wide basis. The Centre was a hub of activity and it was great to be part of it"

Community Planning



#### Community Planning Aberdeen



**2** Sessions





Colleagues at the vaccination centre provided me a great deal of support in helping to make connections with people who provide unpaid care.

I was given space and time at each of the vaccination centres including the one based in the Bon Accord Centre, to lay out posters and leaflets regarding the ACHSCP desire to create a 'Carers Reference Group' for Aberdeen City. I also attended the weekly "Wee Blether" Conversation Café's for Carers at the Hub to further engage with people.

My presence at these venues allowed me to communicate with many unpaid Carers. I was able to draw attention to our need to create the 'Reference Group' and invite relevant and interested people to the initial meetings.

The atmosphere and environment within the vaccination centres were ideal for having those conversations'

Development Officer, Consultation & Engagement

# **Achieving Healthy Fulfilling Lives**

The Centre hosts a large Community Health Information Point with access to free Period Products, condoms and a range of leaflets to promote Healthy fulfilling lives. The centre also promotes Health Campaigns throughout the year as part of the Centre Window Displays.



Overdose Awareness Day -31st August



21st Sept

**Alzheimer Awareness Day** 

**Mouth Cancer Awareness Month** (November)





Winter Campaign Sept onwards



**Breast Cancer Awareness Month** (October)





Sands - Baby loss

**Awareness Week** (13th October)

> Wellbeing Wall Our Wellbeing Walls promoting free or low cost activities within local communities to support people to stay well & connected.

Over 2,000 **AGILE Booklets** Distributed



# **Achieving Healthy**

**Fulfilling Lives** 

6 Regular Volunteers 149

**Volunteer Hours** during Sept & October



Our Volunteers deliver an invaluable service at the Hub - meeting and greeting visitors with a friendly smile and supporting them during their visit. They also support in our Community Area serving tea & coffee and chatting with people while they wait. I don't know what we would do without them. **Programme Manager** 

I enjoy my time volunteering at the vaccination centre. It gets me out of the house. I enjoy speaking to people and supporting them while at the centre. Volunteer



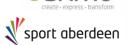
Thank you for giving me the opportunity to volunteer at the Vaccination Centre. It has helped me get some customer service experience to add to my CV



#### **Shared Learning**

Shared learning has been derived from the "Get Active Northfield" Community Hub via Sport Aberdeen & the ACHSCP Transformation Team, the Tillydrone Community Hub via Aberdeen City Council, Station House Media Unit (SMHU) and the Aberdeen Football Community Trust (AFCCT) Weekly Community Hub via AFCCT Wellbeing Team. The team have made these connections to share learning and promote one another services & events. Our own experiences have been documented around setting up the Hub and making connections, and we will continue to visit other areas over the coming months to make stronger connections and share learning from other areas of the Country.







#### **Public Health Scotland Visit**

On 15<sup>th</sup> August 2023 Public Health Scotland came for a Visit to the Centre. They were very interested to hear about all the connections being made and the breadth of services planned to work out of the Centre. They described the centre as "Innovative" and commented it was great to see we were delivering more than just vaccinations and making the best use of resources to focus on prevention and supporting people within Aberdeen and beyond. The visiting team were keen to share their experience about how we are encompassing MEOC conversations & a community information Health point to support people's wider health and wellbeing. The team fed back that the centre felt truly integrated and were glad to see us working closely with health, social care, education and third sector/voluntary organisation to support people in Aberdeen. The team agreed to take away what they had learned from their visit and share this good practice with other areas in Scotland.



#### **Scottish Government**

The Vaccination Programme Manager, Lead Nurse and members of the ACHSP Transformation Team met with Scottish Government (SG) colleagues in October 2023 to promote the development of the Priority Intervention Hub Model within Aberdeen City. The SG team were very impressed with the model being implemented and progress made to date and were keen to share this work with other Health Board areas and other colleagues within the Scottish Government. The SG team hope to visit Aberdeen in the near future to see the work being carried out at the hub.



#### **Ongoing Developments**

Continue to make connections & working in Partnership





Secondary Care Blood Hub Venue

Social Prescribing



Long Term
Conditions Drop
In Health Checks /
Minor Illness
Clinic



Public Health Blood Borne Virus Testing Distribution Centre

Strengthen Links with Education providers



CTAC Vitamin B12 Injections



Alcohol Brief Intervention & Naloxone Distribution



